ENTRANCE ANTIPHON

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

PENITENTIAL ACT

Lord Jesus, you came to reconcile us to one another and to the Father: Lord, have mercy. Lord, have mercy.

Lord Jesus, you heal the wounds of sin and division: Christ, have mercy. Christ, have mercy.

Lord Jesus, you intercede for us with your Father: Lord, have mercy. Lord, have mercy.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

THE GLORIA

Glory to God in the highest. and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory. Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father

you take away the sins of the world: have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father

have mercy on us; For you alone are the Holy One, vou alone are the Lord. you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

OPENING PRAYER

O God, who teach us that you abide in hearts that are just and true, grant that we may be so fashioned by your grace as to become a dwelling pleasing to you. Through our Lord Jesus Christ,

LITURGY OF THE WORD

FIRST READING Leviticus 13:1-2. 44-46 A reading from the book of Leviticus

The Lord said to Moses and Aaron, 'If a swelling or scab or shiny spot appears on a man's skin, a case of leprosy of the skin is to be suspected. The man must be taken to Aaron, the priest, or to one of the priests who are his sons. 'The man is leprous: he is unclean. The priest must declare him unclean; he is suffering from leprosy of the head.

A man infected with leprosy must wear his clothing torn and his hair disordered; he must shield his upper lip and cry, "Unclean, unclean". As long as the disease lasts he must be unclean; and therefore he must live apar:: he must live outside the camp.'

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps. 31:1-2.5.11

- R. You are my refuge, O Lord; you fill me with the joy of salvation.
- 1. Happy the man whose offence is forgiven, whose sin is remitted. O happy the man to whom the Lord imputes no quilt. in whose spirit is no quile.
- 2. But now I have acknowledged my sins; my guilt I did not hide. I said: 'I will confess my offence to the Lord.' And you, Lord, have forgiven the guilt of my sin.
- 3. Rejoice, rejoice in the Lord, exult, you just! O come, ring out your joy, all you upright of heart.

SECOND READING 1 Corinthians 10:31 - 11:1

A reading from the first letter of St Paul to the Corinthians Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone - to Jews or Greeks or to the Church of God; just as I try to be helpful to everyone at all times, not anxious for my own advantage but for the advantage of everybody else, so that they may be saved.

Take me for your model, as I take Christ. The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! A great prophet has appeared among us; God has visited his people. Alleluia!

GOSPEL *Mark* 1:40-45

A reading from the holy Gospel according to Mark

A leper came to Jesus and pleaded on his knees:'If you want to' he said 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to!' he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him. The Gospel of the Lord. Praise to you Lord Jesus Christ.

NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages God from God, Light from Light,





true God from true God. begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

All bow for following three lines: and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried. and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

LITURGY OF THE EUCHARIST

PRAYER OVER THE OFFERINGS

May this oblation, O Lord, we pray, cleanse and renew us and may it become for those who do your will the source of eternal reward. Through Christ our Lord.

AFTER THE CONSECRATION The mystery of faith.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION ANTIPHON

God so loved the world that he gave his Only Begotten Son, so that all who believe in him may not perish, but may have eternal life.

PRAYER AFTER COMMUNION

Having fed upon these heavenly delights, we pray, O Lord, that we may always long for that food by which we truly live. Through Christ our Lord.

SIXTH SUNDAY IN ORDINARY TIME 14th February 2021 Day of Prayer for Temperance

> When Jesus cured the leper he was restored back to health and to his family and friends. By being renewed with the body and blood of Christ at this Mass we are strengthened and restored to God's family.





In his healing of a leper, Jesus risked contagion, and being ostracised. His love was and is a selfsacrificing love, we see this later, on the cross. All love has elements of self-sacrifice.

The family is the first school where we learn this. Parents give of themselves, their time and hard-won earnings for the children. All through our family life with brothers and sisters we make sacrifices for each other. So much of family life is self-giving. Even though we get joy out of putting ourselves out for the family, it can be painful. In other areas of life we experience people going beyond the beyond the call of duty, like teachers and chaplains in schools and hospitals: health care workers helping those with coronavirus. and many others, This joy of giving, is found also in the following of Jesus. The joy of love is well celebrated at this Valentine's time of the year.

As we grow older, we hope we have become that bit more loving and like Christ: that we just do it! Especially living in compassion and care for those who need it most, those who suffer a lot.

God, in Jesus, is there in our suffering, wanting our wholeness. We know faith can grow from it, that the meaning of life can be found.

Lord, may I feel your closeness in any difficulties I have; let me care for others in theirs.

Donal Neary SJ (Editor Sacred Heart Messenger).

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Sunday Masses:

SS John & Paul (Webcam): Friday 7pm; Saturday 6:30 pm; Sunday 10 am and 12:15 pm

Mary Immaculate Church - Saturday 12 noon; Sunday 9 am and 11 am

Weekday Masses Streamed on Webcam:

10 am & 7 pm SS John & Paul Church

SHANNON PARISH NEWSLETTER

Parish Office: 4, Dún na Ri, Shannon Webcam: https://www.shannonparish.ie/web-cam/ Tel 061 363243

Tuesdays & Wednesdays: 9.30am - 12.30pm (lunch 12.30pm-1.30pm) 1.30pm - 5.30pm **Thursdays:** 9.00am - 1.00pm

Email: office@shannonparish.ie www.shannonparish.ie

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Radio 105.6 FM for Mass from SS John and Paul

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Sunday February 14th 2021 Dé Domhnach 14ú Feabhra SIXTH SUNDAY OF THE YEAR

Pray for Eileen Garvey, Tullyglass Hill and Breege Sweeney, Tullyglass Hill who died this week. Sympathies to Anne Keohane on the death of her niece Katie Dawson, Dublin. To the O Grady family on the death of Brian O Grady. To Anna Spellacy on the death of her brother Michael Whelan, Limerick. To Frances Walsh, Tullyglass Hill on the death of her brother William Bannon, Mullingar. To Mary O Toole, Rosmin on the death of her mother Breda McCarthy, Kilmihil.

Anniversaries Celebrated This Week:

Simon Viesca, Michael Coughlan, Jimmy Foley, Kathleen Forde, Colm, Nicola and Colm Jnr Dardis, Margaret Dunlea, Kieran O Gorman, Deceased members of the McElligott family, Kathleen McMullan-Murray, Bernadette Shaw, Sean McDonnell, Bee Smyth, Kathleen O Connell.

Month's Mind Masses this Sunday February 14th for Betty Scullion in Mary Immaculate Church, and next Saturday February 20th at 6.30pm for Marie Killeen in SS John and Paul Church.

Thank you for your great support to the parish collections. With the current restrictions, you are welcome to bring your donation to the Church box, parish office, or website donate on the at www.shannonparish.ie

Resources for Lent

For the Season of Lent there are a vast array of resources available for our families and schools on the Trocaire website www.trocaire.org – It's a lovely opportunity to enter into the season of prayer fasting and almsgiving preparation for the Easter. We also have a great tradition of supporting the Trocaire Lenten campaign where a limited number of Trocaire boxes will be left at the porch of the Church.

St. Senan's NS are now accepting for September 2021. enrolments Application forms can be downloaded from the school website or by email request at contact@stsenansns.com

Lent 2021

On Wednesday February 17th we will begin the Season of Lent with Ash Wednesday. Due to the current safety protocols there will be NO ASHES AVAILABLE. We offer you 12 challenges for Lent.

- 1. Pray or reflect a little more.
- 2. Read or watch something positive.
- 3. Do a random act of kindness.
- 4. Donate to Trocaire or another cause.
- 5. Check in on a neighbour on their own.
- 6. Get healthy.
- 7. Visit your Church for a quiet moment.
- 8. Give up a bit of comfort.
- 9. Go addiction free from cigarettes etc.
- 10. Give up gossip or downgrading.
- 11. Try a bit of fasting each day.
- 12. Stick with the Phase 5 protocols.

God Bless you and your family this Season of Lent!