



focus on sunday

FIFTH SUNDAY IN ORDINARY TIME 7th. February 2021

Jesus is the healer who gives hope to his people.



...to care for the people
who cannot care for themselves...



You know what is in a person's heart by who they mix with or talk about. What is most important to them. Who did Jesus speak most about – spend most time with? Just spending time and helping. No sermons to them? It is the poor and the sick.

The first person he visits in Galilee is a sick woman.

We need two things when we are sick – health and confidence. Someone asked me to pray for her: 'Pray that the peace will remain with me!' We do not know why some are cured after prayer – but we know that all prayer brings strength of mind and soul. Love means being with people not taking away troubles we cannot do anything about. That is what Jesus promised.

The Church goes further – it is committed to health care. We need more voices in society and in the church to care for the people who cannot care for themselves, and these are the sick. The covid pandemic brings that home to us at home and worldwide.

As a parish we want to care as best we can for the sick. We pay tribute to people caring for the sick at home, like Peter's family did, for nurses and doctors and staff in hospitals often working under awful circumstances.

Donal Neary SJ, Editor Sacred Heart Messenger.

ENTRANCE ANTIPHON

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

PENITENTIAL ACT

Lord Jesus, you raise us to new life:
Lord, have mercy. **Lord, have mercy.**
Lord Jesus, you forgive us our sins:
Christ, have mercy. **Christ, have mercy.**
Lord Jesus, you feed us with your body and blood:
Lord, have mercy. **Lord, have mercy.**
May almighty God have mercy on us....**Amen.**

THE GLORIA

**Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father
you take away the sins of the world:
have mercy on us;
you take away the sins of the world,
receive our prayer; you are seated
at the right hand of the Father
have mercy on us;
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen**



OPENING PRAYER

Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection. Through our Lord Jesus Christ,

LITURGY OF THE WORD

FIRST READING Job 7:1-4.6-7

A reading from the book of Job

Job began to speak:
Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery?
Like the slave, sighing for the shade,
or the workman with no thought but his wages,
months of delusion I have assigned to me,
nothing for my own but nights of grief.
Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls.
Swifter than a weaver's shuttle my days have passed,
and vanished, leaving no hope behind.
Remember that my life is but a breath,
and that my eyes will never again see joy.

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps 146:1-6

R. Praise the Lord who heals the broken-hearted.

1. Praise the Lord for he is good;

sing to our God for he is loving:
to him our praise is due.

(R)

2. The Lord builds up Jerusalem
and brings back Israel's exiles,
he heals the broken - hearted,
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name.

(R)

3. Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust.

(R)



SECOND READING I Corinthians 9:16-19.22-23.

A reading from the first letter of St Paul to the Corinthians.

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! He took our sicknesses away, and carried our diseases for us. Alleluia!

GOSPEL Mark 1:29-39

A reading from the holy Gospel according to Mark

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

The Gospel of the Lord. Praise to you Lord Jesus Christ.

APOSTLES' CREED

**I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ,
his only Son, our Lord,**

**All bow for following two lines:
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God,
the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.**

LITURGY OF THE EUCHARIST

PRAYER OVER THE OFFERINGS

O Lord, our God, who once established these created things to sustain us in our frailty, grant, we pray, that they may become for us now the Sacrament of eternal life. Through Christ our Lord.

AFTER THE CONSECRATION

The mystery of faith.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again..

COMMUNION ANTIPHON

Blessed are those who mourn, for they shall be consoled. Blessed are those who hunger and thirst for righteousness, for they shall have their fill.

PRAYER AFTER COMMUNION

O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord.



Sunday Masses:

SS John & Paul (Webcam): Friday 7pm;
Saturday 6:30 pm; Sunday 10 am and 12:15 pm

Mary Immaculate Church - Saturday 12 noon;
Sunday 9 am and 11 am

Weekday Masses Streamed on Webcam:

10 am & 7 pm SS John & Paul Church

SHANNON PARISH NEWSLETTER

Parish Office: 4, Dún na Ri, Shannon
Tel 061 363243

Tuesdays & Wednesdays: 9.30am - 12.30pm
(lunch 12.30pm-1.30pm) 1.30pm - 5.30pm

Thursdays: 9.00am - 1.00pm

Email: office@shannonparish.ie www.shannonparish.ie

Tune in and Follow us on:

Radio 105.6 FM for Mass from SS John and Paul

Webcam: <https://www.shannonparish.ie/web-cam/>

www.facebook.com/Shannon.Parish.Killaloe/

<https://www.twitter.com/ShannonParish67>

www.youtube.com/c/ShannonParish67

Parish App



Sunday February 7th 2021 **Dé Domhnach 7ú Feabhra** **FIFTH SUNDAY OF THE YEAR**

Pray for Eddie O'Toole, Corrib Drive who died this week. For Christy Stenson, Newmarket, brother of the late Ann Moore, Finian Park. Sympathies to Sr Jo on the death of her sister in law Bridget Cantwell, Roscrea. To Mike McTague on the death of his mother Tessie McTague, Movill, Donegal. To Jim Linnane, Tullyvarraga Hill on the death of his mother Tess Linnane, Fanore.

Anniversaries Celebrated This Week:

Tom and Elizabeth Nelson, Barry Walsh, Edward Cahill, Pat Smith, Jim Bryan, Peggy O Connell, Ciaran Ua Lionain, Catherine Butler, Jack McGrath, Deceased members of the McGrath and Considine families. Peggy O Connell, Catherine Butler, Colm and Catherine Fagan, Teresa McMahan. Margaret, Sam and Stuart Merrigan.

Month's Mind Masses for John O Sullivan this Saturday February 6th at 6.30pm in SS John and Paul Church.

Parish Office is open for parish business, Mass bookings etc. We ask that you contact the parish office for all bookings.

Thank you for your great support to the parish collection. With the current Phase 5 restrictions, you are welcome to bring your donation to the Church box, parish office, or donate on the website at www.shannonparish.ie Do continue to stay safe and we urge everyone to observe the Phase 5 restrictions. Don't forget to sanitise on entry and exit when you visit the Church.

Praying for our Beloved Dead

The attached link is a lovely prayer service which can be prayed in the home as you remember loved ones who are with God.

<https://www.kandle.ie/wp-content/uploads/2020/03/Praying-for-our-Beloved-Deceased-at-Home.pdf>

Online Masses for February

Weekday Masses - 10am and 7pm in SS John and Paul Church on webcam and parish radio.

Sunday Masses - 6.30pm Saturday evening, and 10am on Sunday from SS John and Paul Church, 11am Mary Immaculate Church broadcast on www.facebook.com/Shannon.Parish.Killaloe/

With an Eye to Lent!

On Wednesday February 17th we will begin the Season of Lent which is a 6-week preparation for the celebration of Easter. It's hard to believe it was St. Patrick's weekend in 2020 that the country was locked down due to the Pandemic. With the current Phase 5 restrictions we will be celebrating the Ash Wednesday online, but you can play your part with the Trocaire Lenten campaign 2021 which is focused on families in South Sudan, whose lives have been impacted by conflict. For a full array of resources which can be used in the home visit www.trocaire.org for more information.