

### Sunday Masses:

SS John & Paul (Webcam): Friday 7pm; Saturday 6:30 pm; Sunday 10 am and 12:15 pm Mary Immaculate Church - Saturday 12 noon; Sunday 9 am and 11 am

## Weekday Masses Streamed on Webcam:

10 am Mon-Fri Mary Immaculate 7 pm SS John & Paul Church (Webcam)

# SHANNON PARISH NEWSLETTER

# Parish Office: 4, Dún na Ri, Shannon Webcam: https://www.shannonparish.ie/web-cam/ Tel 061 363243

Tuesday to Friday: 10.00am - 1.00pm (lunch 1.00pm-2.00pm) 2.00pm - 5.00pm

Email: office@shannonparish.ie www.shannonparish.ie

## Tune in and Follow us on:

Radio 105.6 FM for Mass from SS John and Paul

www.facebook.com/Shannon.Parish.Killaloe/

https://www.twitter.com/ShannonParish67

www.youtube.com/c/ShannonParish67

Parish App







### 2 4 t h 2 0 2 2 17<sup>th</sup> Sunday in Ordinary Time

Sympathies To: The Mooney family, on the death



of Mary Mooney, Drumline who was buried on Monday. To Caroline Stewart, Cronan Gardens on the death of her father Richard Downey in Cahir, County Tipperary. May the Risen Lord welcome them to

Heaven.

Month's Mind Mass: for Mary Sexton will be celebrated next Sunday 31st of July at 11.00am in Mary Immaculate Church.

First Anniversary Mass: for Liz Glynn will be celebrated this Sunday July 24th at 11.00am in Mary Immaculate Church. For Kathleen Carroll will take place Thursday the 4th of August at 10.00am in Mary Immaculate Church.

Anniversaries: Margaret Lernihan, Frank King, Lila Keane, Paddy Glynn, Patrick Byrne, and Pat Graham.

## **Support Your Parish**

As well as the usual way to donate to your parish you can also use our new method of using the QR code (here) which is also placed at the doors and



shrines of our Church's, Adoration Chapel Notice Board, and Parish Office. It's another easy way to support your parish using your smart phone.

# **Last Week's Collection**

€1918 which we thank for your great support.

## **Parish Office Hours**

Our office opening hours are as follows: Tuesday to Friday 10am to 1pm and 2pm to 5pm and closed on Mondays. It is Parish policy that all bookings or Baptisms and Masses be done through the office.

## **Parish Notice Board**

All poster notices that are placed on the Parish notice board must be approved by the parish office first. We would also ask that no booklets and materials be left in the Church porches without prior Parish approval. We thank you for cooperation.

## **Volunteers Needed**



With the growth of our parish now approaching 11,000 we have had a long tradition of delivering correspondence to every home with the Priests and November

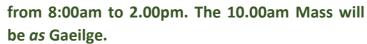
envelopes. These envelopes are delivered 5 times a year. If you are a parishioner who can give an hour to the parish 5 times a year, we would love to hear from you with your name and mobile number and the area that you live in. You are welcome to call to the Parish office or Sacristy with your details. Thank you.

# **Adoration Chapel**

We are blessed to have the Adoration Chapel open from Monday to Friday from 2.00pm -6.00pm. We would like to extend the hours of adoration longer, but in order for us to do so we are looking for extra volunteers. If you would like to give one hour per week for adoration, please contact Jimmy Morris or Michael McPhillips.

## **Reek Sunday Pilgrimage 2022**

The annual Reek Sunday Pilgrimage takes place on Sunday July 31st at Croagh Patrick. Confessions will be available on the summit from 7.30am to 2:00pm. Mass will be celebrated hourly on the summit



## **Conversational English Tutors**

If you would like to become part of the team for conversational English for our Ukrainian families, please leave your name and mobile number to the Parish office.

## **Cardiac Rehabilitation Podcast**



Cardiovascular disease is the leading cause of death in Ireland. Over 4,000 people die from heart

disease each year. There are many more who have had heart attacks, coronary artery stents and bypass. The Irish Association of Cardiac Rehabilitation together with the Irish Heart Foundation, have developed a 6part podcast series bringing together experts in cardiac rehab and patients who have attended cardiac rehabilitation. Topics included are exercise, medication, healthy eating, and the psychological impact of living with heart disease. Log onto https://irishheart.ie/services-for-you/its-cardiacrehab-podcast/ for information and support.





## TRAUMA-MANAGEMENT AND SELF-CARE SUPPORT FOR **THOSE HOSTING UKRAINIAN REFUGEES:** AN ACCORD WEBINAR

Offering to host a refugee family or individual is one of the most generous and practical things we can do to provide those fleeing Ukraine with an opportunity to find employmen education and to begin to rebuild their lives.

The refugees have been traumatised by what they witnessed in their home region, by their experiences on the difficult journey to Ireland, and by the unimaginable anxiety and stress of leaving so many family members behind in an ever-worsening situation

Accord specialises in supporting couples and individuals to work through challenges in their relationships; to strengthen connections and to negotiate complex com challenges, while taking account of the impact of trauma in its various forms

This webinar is designed to address the current challenges facing host families who are working to provide the best possible environment for their deeply distressed Ukrainian visitors while attending to the wellbeing of their own family relationships

# Wednesday, 27<sup>th</sup> July 2022

the Webinar session will open at 7:15pm This should allow time for any technical issues to be resolved The Webinar begins at 7:30pm and ends at 9:00pm

**Facilitated by Dr Mary Goss** 

To register please use the following link: https://us06web.zoom.us/meeting/register/tZAvfuqgrzksGN3OmL9 5xuZnm5Gudd OXHR

Booking deadline: Tuesday 26th July at 5.00pm

# Míle Buíochas

Fr. Arnie would like to express his thanks to everyone who wished him well on the occasion of the Silver Jubilee



of his Ordination. For those who expressed their generosity through prayers, good wishes, and gifts he is grateful. A word of thanks to everyone who was involved in the organising and planning of his Silver Jubilee Mass and Parish celebration. He has spent most of his priesthood in our Parish and he thanks God for that gift. To all who have journeyed on the road of life with him, you have played a very important part in his ministry. Thank you for everything and especially for the great support you give to our Parish.

### **ENTRANCE ANTIPHON**

God is in his holy place, God who unites those who dwell in his house; he himself gives might and strength to his people.

### THE GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.
Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have marcy on us:

have mercy on us; you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

### LITURGY OF THE WORD

#### FIRST READING Genesis 18:20-32

### A reading from the book of Genesis.

The Lord said, 'How great an outcry there is against Sodom and Gomorrah! How grievous is their sin! I propose to go down and see whether or not they have done all that is alleged in the outcry against them that has come up to me. I am determined to know.'

The men left there and went to Sodom while Abraham remained standing before the Lord. Approaching him he said, 'Are you really going to destroy the just man with the sinner? Perhaps there are fifty just men in the town. Will you really overwhelm them will you not spare the place for the fifty just men in it? Do not think of doing such a thing: to kill the just man with the sinner, treating just and sinner alike! Do not think of it! Will the judge of the whole earth not administer justice?' The Lord replied, 'If at Sodom I find fifty just men in the town, I will spare the whole place because of them.'

Abraham replied, 'I am bold indeed to speak like this to my Lord, I who am dust and ashes. But perhaps the fifty just men lack five: will you destroy the whole city for five?' 'No', he replied 'I will not destroy it if I find forty-five just men there.' Again Abraham said to him, 'Perhaps there will only be forty there.' 'I will not do it' he replied 'for the sake of the forty.'

Abraham said, 'I trust my Lord will not be angry, but give me leave to speak: perhaps there will only be thirty there.' 'I will not do it' he replied 'if I find thirty there.' He said, 'I am bold indeed to speak like this, but perhaps there will only be twenty there.' 'I will not destroy it' he replied 'for the sake of the twenty.' He said, 'I trust my Lord will not be angry if I speak once more: perhaps there will only be ten.' 'I will not destroy it' he replied 'for the sake of the ten.'

The word of the Lord. Thanks be to God.

#### RESPONSORIAL PSALM Ps. 137:1-3.6-8

### R. On the day I called, you answered me, O Lord.

- I thank you, Lord, with all my heart, you have heard the words of my mouth. Before the angels I will bless you.
   I will adore before your holy temple.
- I thank you for your faithfulness and love which excel all we ever knew of you.
   On the day I called, you answered; you increased the strength of my soul.
- 3. The Lord is high yet he looks on the lowly and the haughty he knows from afar.

  Though I walk in the midst of affliction you give me life and frustrate my foes.
- You stretch out your hand and save me, your hand will do all things for me.
   Your love, O Lord, is eternal, discard not the work of your hands.

#### SECOND READING Colossians 2:12 - 14

A reading from the letter of St. Paul to the Colossians. You have been buried with Christ, when you were baptised; and by baptism, too, you have been raised up with him through your belief in the power of God who raised him from the dead. You were dead, because you were sinners and had not been circumcised: he has brought you to life with him, he has forgiven us all our sins.

He has overridden the Law, and cancelled every record of the debt that we had to pay; he has done away with it by nailing it to the cross.

The word of the Lord. Thanks be to God.

### **GOSPEL ACCLAMATION**

Alleluia, alleluia! The Word was made flesh and lived among us; to all who did accept him he gave power to become children of God. Alleluia!

GOSPEL Luke 11:1 - 13

#### A reading from the holy Gospel according to Luke

Once Jesus was in a certain place praying, and when he had finished, one of his disciples said: 'Lord, teach us to pray, just as John taught his disciples.' He said to them, 'Say this when you pray:

"Father, may your name be held holy, your kingdom come; give us each day our daily bread, and forgive us our sins, for we ourselves forgive each one who is in debt to us. And do not put us to the test."

He also said to them, 'Suppose one of you has a friend and goes to him in the middle of the night to say, "My friend, lend me three loaves, because a friend of mine on his travels has just arrived at my house and I have nothing to offer him"; and the man answers from inside the house, "Do not bother me. The door is bolted now, and my children and I are in bed; I cannot get up to give it to you." I tell you, if the man does not get up and give it to him for friendship's sake, persistence will be enough to make him get up



and give his friend all he wants. 'So / I say to you: Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For the one who asks always receives: the one who searches always finds; the one who knocks will always have the door opened to him. What father among you would hand his son a stone when he asked for bread? Or hand him a snake instead of a fish? Or hand him a scorpion if he asked for an egg? If vou then, who are evil, know how to give your children what is good, how much more will the heavenly Father give the Holy Spirit to those who ask him!'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

### APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

All bow for following two lines:
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the
dead; he ascended into heaven,
and is seated at the right hand of God,
the Father almighty;
from there he will come to judge
the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### LITURGY OF THE EUCHARIST

### AFTER THE CONSECRATION

The mystery of faith.
We proclaim your Death, O Lord,
and profess your Resurection
until you come again.

COMMUNION ANTIPHON

Bless the Lord, O my soul, and never forget all his benefits. World Day of Grandparents and the Elderly
Prayer is being confident in the care and power of Go

SEVENTEENTH SUNDAY IN ORDINARY TIME 24th July 2022

Prayer is being confident in the care and power of God to give us constantly in our lives what he knows is good and valuable for us. We must feel free to ask God for all our needs.





A woman well used to prayer looked at a statue of the Lord and said: 'I want no trouble from you today!'. The prayer Jesus advises today is real honest prayer –be yourself and be open. Many people say, 'I don't pray, I just talk to God in my own words'. What is this if not

praye

Prayer is giving time and space to God. Sometimes in conversation as a friend to a friend, or Just being in the presence of the mystery of God, and relaxing into that mystery of being loved by God. To help us we may say some rote, prayers, or a rosary. Praying with and for others as we do at the Mass. We remember this weekend the times of prayer of grandparents for our families.

Prayer invites us to look at the world and everyone as the creation and image of God. It gives us strength to do the best in our lives, our marriages and for our families. It is spending time in the environment of the unconditional love of God.

Prayer is always answered always in some way; brings peace to the soul and often health to the body, gets rid of worries and makes them concerns, so that they don't get us down, brings us in touch with others as we pray for them, and with them. God is always there for us, giving us something good. God promises to give the Holy Spirit in prayer.

It also has us looking out. Some ask, 'How do I know if I'm praying right'? if I am I becoming more loving and compassionate, forgiving even, and loving myself? Then I am praying ok.

"Pray as you can, not as you can't" is ancient and good advice about prayer. In trust – the father will give good things as an earthly father does the same. God has something good in store for us each time we pray.

Donal Neary SJ. (editor, Sacred Heart Messenger)

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