



### Sunday Masses:

**SS John & Paul (Webcam):** Friday 7pm;  
Saturday 6:30 pm; Sunday 10 am and 12:15 pm  
**Mary Immaculate Church - Saturday 12 noon;**  
Sunday 9 am and 11 am  
**Weekday Masses Streamed on Webcam:**  
10 am Mon-Fri Mary Immaculate  
7 pm SS John & Paul Church (Webcam)

## SHANNON PARISH NEWSLETTER

**Parish Office: 4, Dún na Ri, Shannon**  
**Tel 061 363243**

**Tuesday to Friday:** 10.00am - 1.00pm  
(lunch 1.00pm-2.00pm) 2.00pm - 5.00pm

Email: [office@shannonparish.ie](mailto:office@shannonparish.ie) [www.shannonparish.ie](http://www.shannonparish.ie)

### Tune in and Follow us on:

Radio 105.6 FM for Mass from SS John and Paul  
Webcam: <https://www.shannonparish.ie/web-cam/>  
 [www.facebook.com/Shannon.Parish.Killaloe/](https://www.facebook.com/Shannon.Parish.Killaloe/)  
 <https://www.twitter.com/ShannonParish67>  
 [www.youtube.com/c/ShannonParish67](https://www.youtube.com/c/ShannonParish67)

Parish App



### February 5th 2023, Fifth Sunday in Ordinary Time

**Our Prayers and Sympathies:** To Mary Kiely on the death of her sister Patricia Treacy. To Andy Carr on the death of his mother Chrissie Carr.

**Month's Mind Masses:** For Michael McKenna will be celebrated February 4<sup>th</sup> at 12 noon in Mary Immaculate Church. For Olive Crowley will be held February 5<sup>th</sup> at 12.15pm in SS John and Paul Church.

**First Anniversary Mass:** For Robert (Bob) Stackpoole will take place February 4th at 6.30pm in SS John and Paul Church.

**Anniversaries:** Colm and Catherine Fagan, Ann Marie Harrington, Greta Mooney and Seamie Mooney, Rosaleen Hasty, Peggy O'Connell, Vincent Howard, Edward Cahill, Jim Bryan and deceased family members, Marion Hogan and Teresa O'Mara, Jack McGrath, James and Annie Ryan, James and Ellen Browne, deceased members of the Whelan Family, Jimmy Slattery, Patrick Smith and Jo and Ron O'Leary.

### Samaritan Volunteers Needed

Samaritans Ennis and Clare are currently seeking new volunteers for the Spring 2023 training programme. For information phone 085 1763491 log onto their website [samaritians.org/ireland/branches/ennis](http://samaritians.org/ireland/branches/ennis).

### Meals on Wheels

Shannon Senior Citizens 'Meals on Wheels' home delivery is available 3 days a week. Each dinner costs €5. Contact "The Kitchen" for lovely fresh homecooked dinners on 061 364144.



### Upcoming Dates

This Monday, February 6<sup>th</sup> there will be a Bank holiday to celebrate St. Brigid's Day. Mass will be held at 10am in Mary Immaculate Church.

February 22<sup>nd</sup> is Ash Wednesday. Blessing and distribution of Ashes will take place at all Masses. Mass times are 10 am in Mary Immaculate Church, 1pm in the Adoration Chapel and 7pm in SS. John and Paul Church.

### Sanctuary Lamps

Box of sanctuary lamps lasting 4 months in our Church's for special intentions are available for €25. Donations can be left into the sacristy with your intentions list. Donor's intentions this week are for the Holy Souls in Purgatory.



### Last Sunday's Collection

Last Sunday's Collection was €2,148. The second collection for Administration of the Diocese was €1,265. As always, we thank you for your great generosity and support.

### Novena to Our Lady of Lourdes

The Novena begins in Ennis Cathedral on Friday 3<sup>rd</sup> of February and concludes Saturday 11<sup>th</sup> of February. Weekdays 7.30pm, Saturdays 11am, Sunday 11.30am.

### Synodal Pathway

Information on the Synodal Pathway in our Diocese can be accessed on our Killaloe Diocese website <https://www.killaloediocese.ie/>.

### Urgent Appeal for Blood Donations



The IBTS is asking for immediate public and donor support to help recover the National blood supply as supply in some groups has frequently fallen to just 3 days in recent weeks. The IBTS normally tries to have 7 days stock at all times. You can donate at the Green Hills Hotel, Caherdavin: Tuesday 7<sup>th</sup> February 4.15pm – 7.30pm Wednesday 8<sup>th</sup> of February 4.15pm - 7.30pm To book please ring 1800 222 111.

### Your Parish Office



Thanks to your donations we provide the following Pastoral services through the office.

- All Mass bookings
- All Baptismal and Wedding bookings
- Mass cards and Mass Bouquets
- Arranging funeral details
- Pastoral queries
- Parish Newsletter

In our Parish office we have a shop where you may purchase religious items: Rosaries, Devotional Candles, Christening Candles, Confirmation and Communion Prayer Books, Holy Water Fonts, Medals, Sleeping St. Joseph statues etc. Our opening hours are Tuesday to Friday 10am - 1pm and 2pm - 5pm. Please feel free to contact us on 061 363243 or call into the office.

**ENTRANCE ANTIPHON**

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

**PENITENTIAL ACT**

Lord Jesus, you raise us to new life:  
 Lord, have mercy. **Lord, have mercy.**  
 Lord Jesus, you forgive us our sins:  
 Christ, have mercy. **Christ, have mercy.**  
 Lord Jesus, you feed us with your body and blood:  
 Lord, have mercy. **Lord, have mercy.**  
 May almighty God have mercy on us...Amen.

**THE GLORIA**

**Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**



**OPENING PRAYER**

Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection. Through our Lord Jesus Christ...

**LITURGY OF THE WORD**

**FIRST READING Isaiah 58: 7-10**

**A reading from the prophet Isaiah**

Thus says the Lord:  
 Share your bread with the hungry, and shelter the homeless poor, clothe the man you see to be naked and turn not from your own kin. Then will your light shine like the dawn and your wound be quickly healed over.

Your integrity will go before you and the glory of the Lord behind you. Cry, and the Lord will answer; call, and he will say, 'I am here.'

If you do away with the yoke, the clenched fist, the wicked word, if you give your bread to the hungry, and relief to the oppressed, your light will rise in the darkness, and your shadows become like none.

**The word of the Lord. Thanks be to God.**



**RESPONSORIAL PSALM Ps. 111: 4 - 9**

**R. The good man is a light in the darkness for the upright or Alleluia!**

1. He is a light in the darkness for the upright: he is generous, merciful and just. The good man takes pity and lends, he conducts his affairs with honour. **[R]**
2. The just man will never waver: he will be remembered for ever. He has no fear of evil news; with a firm heart he trusts in the Lord. **[R]**
3. With a steadfast heart he will not fear; open-handed, he gives to the poor; his justice stands firm for ever. His head will be raised in glory. **[R]**

**SECOND READING 1 Corinthians 2: 1-5**

**A reading from the first letter of St Paul to the Corinthians**  
 When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

**The word of the Lord. Thanks be to God.**

**GOSPEL ACCLAMATION**

**Alleluia, alleluia! I am the light of the world, says the Lord, anyone who follows me will have the light of life. Alleluia!**

**GOSPEL Matthew 5:13 - 16**

**A reading from the holy Gospel according to Matthew.**  
 Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men. 'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

**The Gospel of the Lord. Praise to you, Lord Jesus Christ.**

**NICENE CREED**

**I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.**



**focus on sunday**

The followers of Jesus are the "light of the world" if they are seen to care for the oppressed, the hungry and the homeless. When such care is shown then the light of Christ is seen in our world.



**For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.**

**LITURGY OF THE EUCHARIST**

**Pray brothers and sisters..... May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

**PRAYER OVER THE OFFERINGS**  
 O Lord, our God, who once established these created things to sustain us in our frailty, grant, we pray, that they may become for us now the Sacrament of eternal life. Through Christ our Lord.

**AFTER THE CONSECRATION**  
*The mystery of faith.*  
**When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.**

**COMMUNION ANTIPHON**  
**Blessed are those who mourn, for they shall be consoled. Blessed are those who hunger and thirst for righteousness, for they shall have their fill.**

**PRAYER AFTER COMMUNION**  
 O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray, so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord.



The light is what we receive. We are light because He shares light with us – a gift at baptism. Our baptismal candle will be lit at big times of life, like confirmation, maybe Easter celebrations and at our funeral Mass.

It is lit from the paschal candle. This gesture is saying we get our light from Christ. The centre of our faith is our relationship with Jesus Christ. The second reading brings out the way we shine!

*Share your bread with the hungry, and shelter the homeless poor, Clothe the man you see to be naked and turn not from your own kin. Then will your light shine like the dawn If you give your bread to the hungry, and relief to the oppressed, your light will rise in the darkness,*

Light isn't just a light for me to see by. The light of Christ is for the sharing: giving a hand at home, looking for the family when they need a hand; caring for the poor, the migrant and refugee, working for the good of our neighbourhoods, volunteering at home or abroad. Our lives should reflect the light of Christ and shine like a beacon – to bring hope to others.

Jesus talks very often about light – light to the nations, shining in the darkness. He is called the 'light of the world'. When we share some of that light in ordinary ways, our lives improve and so do the lives of others.

Donal Neary SJ (Editor, Sacred Heart Messenger)