



Sunday Masses:

SS John & Paul (Webcam): Saturday 6:30 pm.

Sunday 10 am and 12:15 pm.

Mary Immaculate Church - Saturday 12 noon.

Sunday 9 am and 11 am.

Weekday Masses:

10 am Monday -Friday Mary Immaculate

7 pm Thursday -Friday SS John & Paul Church

SHANNON PARISH NEWSLETTER

Parish Office: 4, Dún na Ri, Shannon

Tel 061 363243

Tuesday to Friday: 10.00am - 1.00pm
(lunch 1.00pm - 2.00pm) 2.00pm - 5.00pm

Fr. Tom Whelan Co-PP: 087 273 0299

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Tune in and Follow us on:

Radio 105.6 FM for Mass from SS John and Paul

Webcam: <https://www.shannonparish.ie/web-cam/>

 www.facebook.com/Shannon.Parish.Killaloe/

 <https://www.twitter.com/ShannonParish67>

 www.youtube.com/c/ShannonParish67

Parish App



February 11th 2024 - Temperance Sunday

Our Prayers and Sympathies to: The Lowry family on the death of Moira Lowry, Ballycasey. The Bedford family on the death of James (Jim) Beford, Drumgeely Hill. The Birchall family on the death Damien Birchall, Tradaree Court. May God grant them eternal rest.

First Anniversary Mass for: James O'Brien will be celebrated Sunday 18th February at 12.15pm in SS John and Paul Church.

Anniversaries: James and Ellie Browne, James and Annie Ryan and Christopher and Mary Whelan. Jim Bryan and deceased family members, Andrew Cosgrave, Michael Coughlan, Margaret (Meade) Dunlea, Kathleen Forde, Terry George, Margaret and Sam Merrigan and Stuart Merrigan, Margaret and Joe McElligott, Jack McGrath and deceased family members, Theresa McMahon, Mary and Oliver McPadden, Breda, Tom and Joe Murphy, Ciarán O'Lionáin, Austin Smith, Simon Viesca and Luisa Viesca and all those whose anniversaries occur at this time.

Shannon Active Retirement Meeting

Shannon Active Retirement Association will meet this Wednesday February 14th at 11am at the Oakwood Hotel in the Conservatory. Annual membership is due at this meeting please and deposits will be taken for the trip to Waterford/Wexford. They are Looking forward to seeing you all and new members are always welcome.

Cake Sale

Cake Sale in St. Senan's School on Tuesday morning the 13th of February from 9 to 11am. Please join them for a cup of tea and a chat in the school hall. All are welcome to attend.

Last Sunday's Collection

Last Sunday's collection was €2,652. As always, we thank you for your great support and generosity.

Ash Wednesday/Season of Lent



February 14th is Ash Wednesday. Blessing and distribution of Ashes will take place at 10 am in Mary Immaculate Church and 7pm in SS. John and Paul Church. There

will also be a ceremony of the Distribution of Ashes at 1pm in the Adoration Chapel. There is no change to the daily Mass schedule for Lent.

Daily Lenten Messages

Brief (less than one minute) daily multi-media spiritual reflections from Bishop Fintan will be available on the various social media platforms every day for Lent, Holy Week, and the Easter Octave. Subscribe (at no cost – just click on the subscribe button) to keep up to date with many events around the diocese and beyond.

<https://www.youtube.com/@BishopFintanMonahan>

Lectio Divina

Lectio Divina will take place every Wednesday during Lent after 10am Mass in the Jubilee Chapel in Mary Immaculate Church. All are welcome.

LENT 2024: 'LET JUSTICE FLOW LIKE A RIVER, RIGHTEOUSNESS LIKE A NEVER-FAILING STREAM.'

(Amos 5:24)



Trocaire is the overseas development agency of the Irish Catholic Church which was created as a response to the widening gap between rich and poor and our collective duty to reduce it. They work in partnership with local organisations to support people and communities to tackle the root causes of poverty, injustice and violence and to use their own power to create positive and lasting change.

In this year's Lenten campaign Trocaire are focusing on Malawi, one of the twenty poorest countries in the world. Trocaire are creating solutions in Malawi to water shortages, such as digging bore holes close to villages, helping communities rebuild after extreme weather events and supporting local farmers in sustainable agriculture practices. Your support to Trocaire will give courage, hope and strength to people of Malawi. Trocaire boxes will be available in our schools and churches during Lent.

ENTRANCE ANTIPHON

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

PENITENTIAL ACT

Lord Jesus, you came to reconcile us to one another and to the Father:

Lord, have mercy. **Lord, have mercy.**

Lord Jesus, you heal the wounds of sin and division: Christ, have mercy. **Christ, have mercy.**

Lord Jesus, you intercede for us with your Father: Lord, have mercy. **Lord, have mercy.**

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen.

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father
you take away the sins of the world:

have mercy on us;
you take away the sins of the world,
receive our prayer; you are seated
at the right hand of the Father

have mercy on us;
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

OPENING PRAYER

O God, who teach us that you abide in hearts that are just and true, grant that we may be so fashioned by your grace as to become a dwelling pleasing to you. Through our Lord Jesus Christ,

LITURGY OF THE WORD

FIRST READING *Leviticus 13 :1-2. 44-46*

A reading from the book of Leviticus

The Lord said to Moses and Aaron, 'If a swelling or scab or shiny spot appears on a man's skin, a case of leprosy of the skin is to be suspected. The man must be taken to Aaron, the priest, or to one of the priests who are his sons. 'The man is leprous: he is unclean. The priest must declare him unclean; he is suffering from leprosy of the head.

A man infected with leprosy must wear his clothing torn and his hair disordered; he must shield his upper lip and cry, "Unclean, unclean". As long as the disease lasts he must be unclean; and therefore he must live apart; he must live outside the camp.'

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM *Ps. 31:1-2.5.11*

**R. You are my refuge, O Lord;
you fill me with the joy of salvation.**

1. Happy the man whose offence is forgiven, whose sin is remitted.
O happy the man to whom the Lord imputes no guilt,
in whose spirit is no guile. **(R)**
2. But now I have acknowledged my sins;
my guilt I did not hide.
I said: 'I will confess
my offence to the Lord.'
And you, Lord, have forgiven
the guilt of my sin. **(R)**
3. Rejoice, rejoice in the Lord,
exult, you just!
O come, ring out your joy,
all you upright of heart. **(R)**

SECOND READING *1 Corinthians 10:31 - 11:1*

A reading from the first letter of St Paul to the Corinthians
Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone - to Jews or Greeks or to the Church of God; just as I try to be helpful to everyone at all times, not anxious for my own advantage but for the advantage of everybody else, so that they may be saved.

Take me for your model, as I take Christ.
The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! A great prophet has appeared among us; God has visited his people. Alleluia!

GOSPEL *Mark 1:40-45*

A reading from the holy Gospel according to Mark
A leper came to Jesus and pleaded on his knees: 'If you want to' he said 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to!' he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

The Gospel of the Lord. Praise to you Lord Jesus Christ.

NICENE CREED

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,



focus on sunday

SIXTH SUNDAY IN ORDINARY TIME 11th February 2024

*World Day of the Sick
Day of Prayer for Temperance*

When Jesus cured the leper he was restored back to health and to his family and friends. By being renewed with the body and blood of Christ at this Mass we are strengthened and restored to God's family.



begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

All bow for following three lines:

and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

LITURGY OF THE EUCHARIST

PRAYER OVER THE OFFERINGS

May this oblation, O Lord, we pray, cleanse and renew us and may it become for those who do your will the source of eternal reward. Through Christ our Lord.

AFTER THE CONSECRATION

The mystery of faith.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION ANTIPHON

God so loved the world that he gave his Only Begotten Son, so that all who believe in him may not perish, but may have eternal life.

PRAYER AFTER COMMUNION

Having fed upon these heavenly delights, we pray, O Lord, that we may always long for that food by which we truly live.

Through Christ our Lord.



The mention of leprosy in scripture awakens thoughts of illness and isolation and the hope of healing and "re-belonging". The mention of TB in our own recent history produces similar thoughts. Sanatorium campuses were developed at Peamount and Blanchardstown on the outskirts of Dublin and Merlin Park on the outskirts of Galway city. These hospitals offered respiratory care in airy wards to patients who had to spend time away from their families.

What a coincidence that we are hearing these themes of healing and "re-belonging" on this Temperance Sunday and also on this World Day of the Sick. A Sunday for Temperance is marked every year on the weekend just before Lent while a day of Prayer for the Sick is observed every year on the Feast of Our Lady of Lourdes! These two events merge today and blend beautifully with our scripture texts.

For 125 years, Pioneers have been praying every day for people who have been impacted and isolated by addiction. The need is still great as we see the amount of people who are waiting on a place in a Treatment centre. These people from all walks of life need our prayers as they entrust themselves to the Lord for His healing or to a Higher Power.

If you would like to learn more about spiritual support which Pioneers offer, visit www.pioneerassociation.org

Fr Robert McCabe

Central Spiritual Director - Pioneer Total Abstinence Association of the Sacret Heart